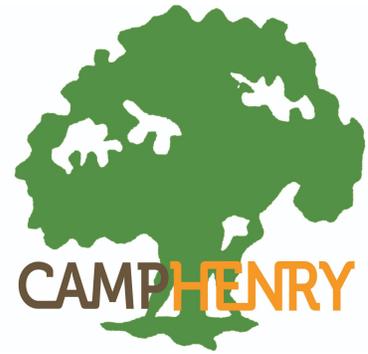


May 27, 2022



Greetings from the shores of old Lake Kimball,

We are super excited to welcome campers to Camp Henry and to provide a safe and structured setting where kids can have a blast!

This document is intended to help answer questions regarding how Camp Henry will operate this summer and to help campers and parents anticipate what to expect at camp.

### **CAMP HENRY COVID-19 PROTOCOLS FOR 2022**

While we are working super hard to do what we can to mitigate the risk of COVID-19 at Camp Henry, it is impossible for us to guarantee that COVID-19 won't be present this summer. This is a living document and we will make changes and updates as needed.

#### **Prior to Camp**

It will benefit our entire camp community if each camper can do their part in helping to keep COVID-19 from coming to camp this summer. We would like to ask all campers to be mindful and thoughtful about activities, gatherings, and interactions with others leading up to camp.

#### **Testing**

While we recognize that COVID-19 Vaccines are available for camper aged children and are helpful in minimizing the severity of COVID-19 infections, we also recognize that recent variants of COVID-19 are infecting even those who are vaccinated. In an effort to keep COVID-19 out of camp as much as we can, we are requiring that:

#### **All Overnight Campers, regardless of COVID-19 vaccination status**

test for COVID-19 prior to arriving at camp with two Antigen (at home) tests.

#### **Two At-Home Antigen Tests**

All overnight campers will get tested twice utilizing At-Home Antigen Tests before arrival at the camp. Please be certain to follow the manufacturer instructions for testing. The two tests should be conducted 36 hours apart, with the second test being conducted within 24 hours of the campers arrival at camp. Antigen Tests are readily available at most local pharmacies and drug stores.

## Overnight Camp Arrival & Departure

We are looking forward to having an in-person check-in process, where campers and family members will register at our check-in tables and walk together to their cabins to settle in and meet their counselors. During the check-in process campers/families will be asked to verify that they have completed the Two At Home COVID-19 tests and received negative results. Please review the camper guide for your camper's scheduled arrival time.

## Staying Home When

If your camper has been exposed to or has had a recent case of COVID-19, please use the CDC's ["Quarantine & Isolation Calculator"](#) to help determine if and how long they should isolate or quarantine.

Campers should stay home, or will be asked to be picked up from camp, if they are experiencing any of the following symptoms not explained by a known or diagnosed medical conditions:

- **ONE** of the following
  - Fever of 100.4 degrees or above
  - Shortness of breath
  - Uncontrolled cough
- **OR TWO** of the following
  - Diarrhea
  - Loss of taste or smell
  - Muscle aches without another explanation
  - Severe headache
  - Sore throat
  - Vomiting
  - Chills

## Day to Day Practices:

- Practicing frequent hand washing and sanitizing of high touch areas, monitoring health of campers and staff, and outdoor and open air programming.
- All Summer Staff members that will be living in cabins with campers and leading activities are up to date with their COVID-19 vaccinations.
- Campers experiencing COVID-19 symptoms will need to be able to be picked up within 4 hours.
- While masks are not required at Camp Henry this summer, campers are certainly welcome to bring and wear masks if they would like to do so.

This document was created with the guidance, protocols, recommendations, and best practices from the Association of Camp Nurses, the CDC, the State of Michigan, our local Health Department, the American Camp Association, and our Camp Physicians.